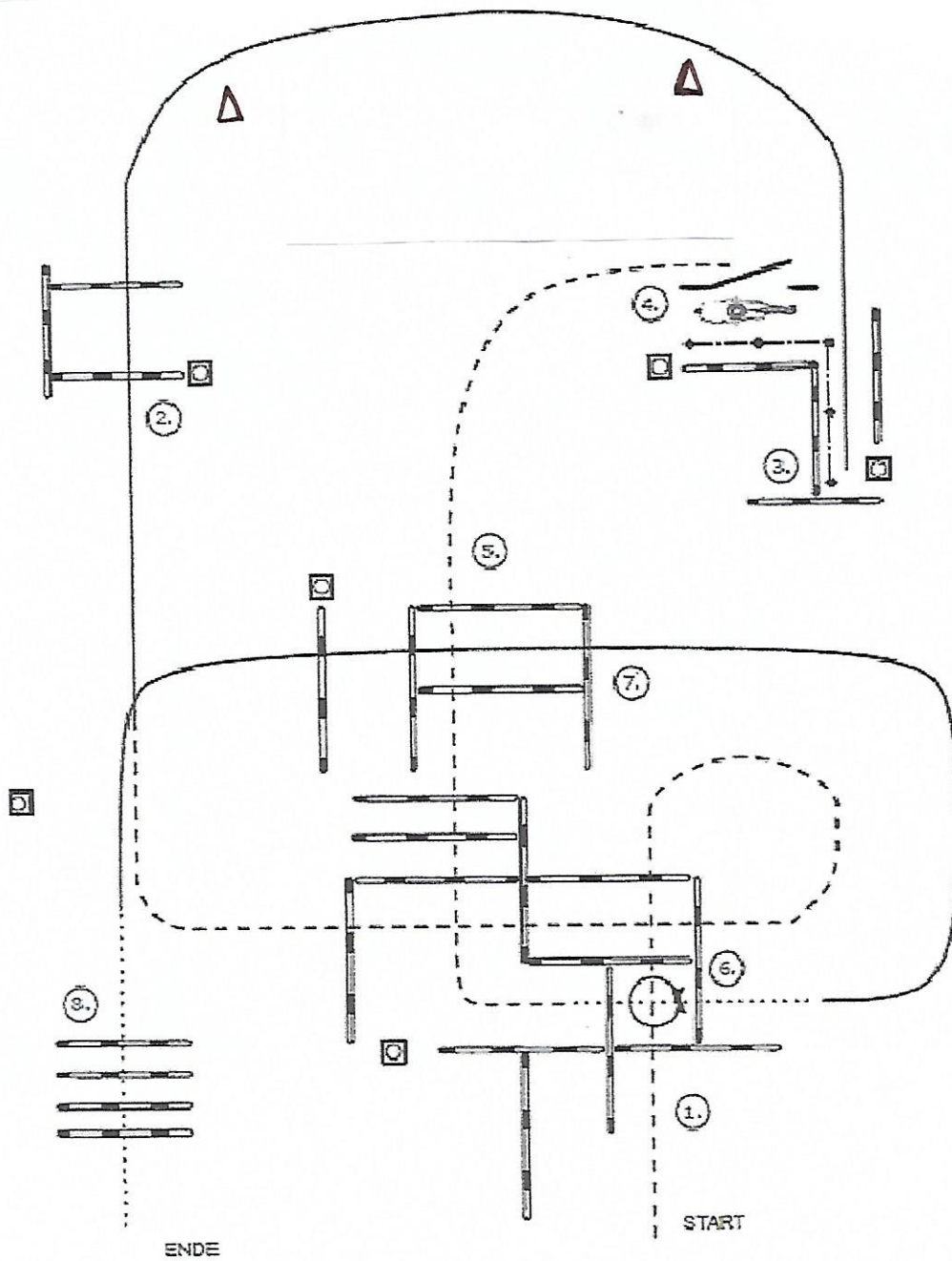


# HF Open Trail



1. Jog over poles
2. Lope over poles
3. Back up
4. Gate
5. Jog over poles
6. Walk into box, 360° turn (r o l), walk out
7. Lope over poles
8. Walk over poles

- ..... Walk
- - - - - Jog
- Lope
- > Backup
- > Sidepass
- X ———> Lead Change